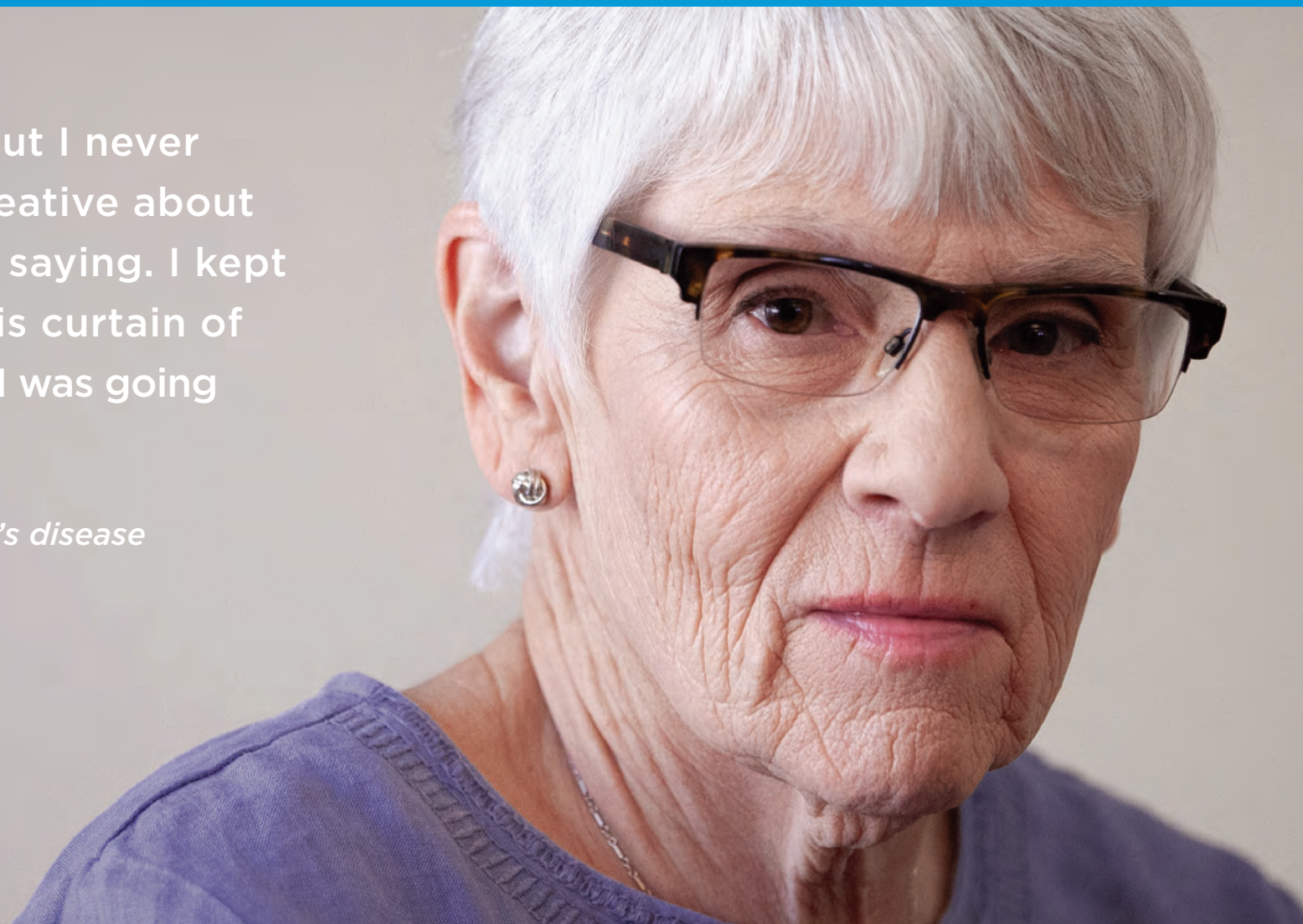


# When the classic symptoms of neurogenic orthostatic hypotension (nOH) persist, what do you reach for?

“ I felt like I was going to faint, but I never used that word. I tried to be creative about it, but I didn’t know what I was saying. I kept talking about this cloud and this curtain of darkness. Mostly, I said I felt like I was going into a black hole. ”

—Gail, a real patient living with Parkinson’s disease and symptomatic nOH



NORTHERA® (droxidopa) is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic nOH caused by primary autonomic failure (Parkinson’s disease [PD], multiple system atrophy, and pure autonomic failure), dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. Effectiveness beyond 2 weeks of treatment has not been established. The continued effectiveness of NORTHERA should be assessed periodically.

## **WARNING: SUPINE HYPERTENSION**

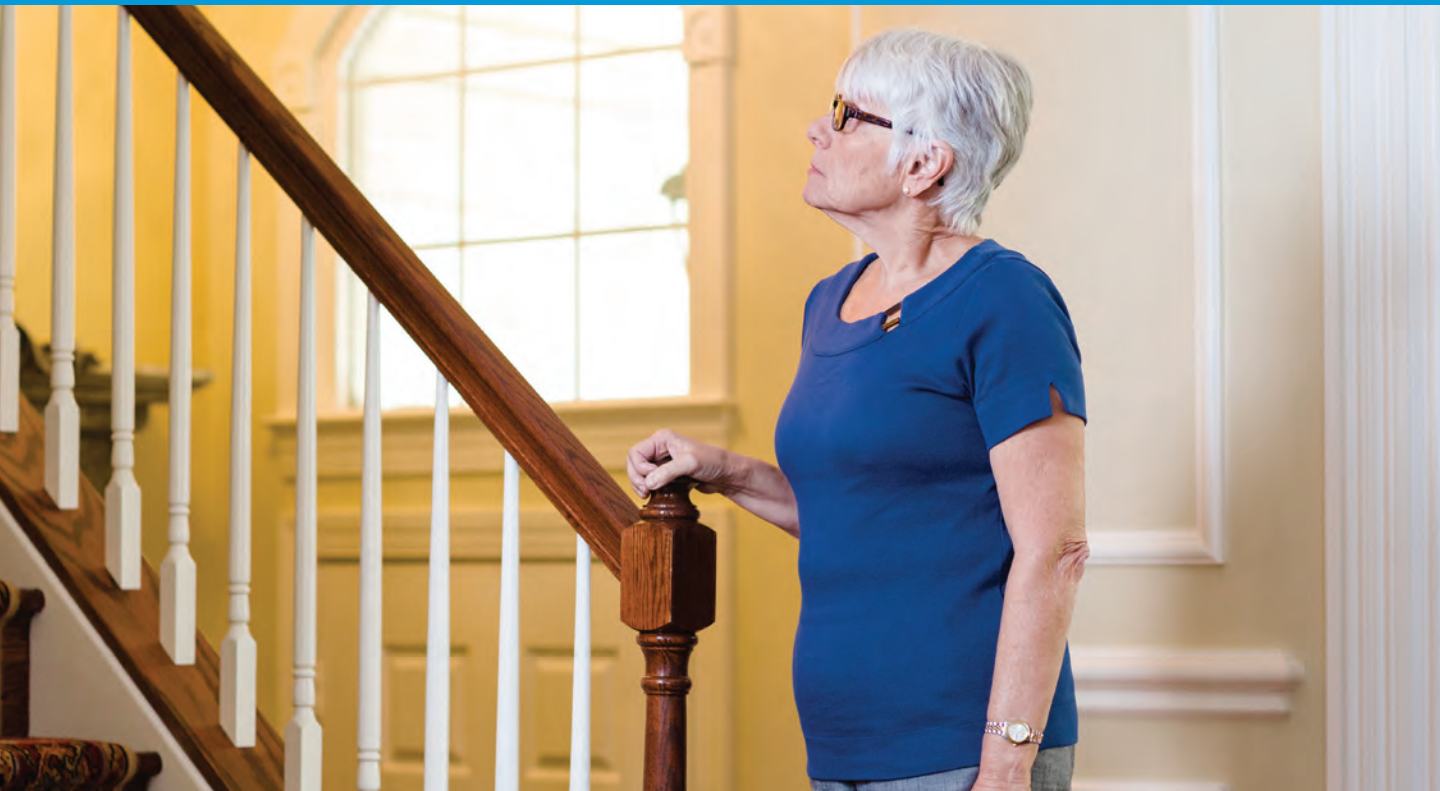
**Monitor supine blood pressure prior to and during treatment and more frequently when increasing doses. Elevating the head of the bed lessens the risk of supine hypertension, and blood pressure should be measured in this position. If supine hypertension cannot be managed by elevation of the head of the bed, reduce or discontinue NORTHERA.**

Please see Important Safety Information, including Boxed Warning for supine hypertension, on page 4. For more information, see the accompanying full Prescribing Information, or go to [NORTHERAhcp.com](http://NORTHERAhcp.com).

  
**Northera**  
(droxidopa) capsules  
100 mg • 200 mg • 300 mg



Meet Gail and learn about her journey with symptomatic nOH



NORTHERA® (droxidopa) may help reduce the classic symptoms of nOH<sup>1,2</sup>



Starting NORTHERA

- Gail’s neurologist recommended that she take NORTHERA for her nOH symptoms<sup>1</sup>
  - Gail’s dose was titrated up to 600 mg three times a day
    - Her late afternoon dose is taken at least 3 hours before bedtime to reduce the potential for supine hypertension during sleep
  - In Study 306B, about 40% of patients received the maximum dose of 1800 mg (600 mg three times a day)<sup>3</sup>

Concomitant medications

- Carbidopa/levodopa, entacapone, rasagiline
- Fludrocortisone

Follow-up

- While Gail still experiences low blood pressure on occasion, she reported a significant reduction in her dizziness, lightheadedness, and feeling like she was going to black out\*

\*Patient results may vary. NORTHERA may not work for everyone.



Patient characteristics

- 70-year-old retired elementary music teacher
- Lives in Florida with her husband where her grandchildren come to visit every summer



Medical history

- Parkinson’s disease
- Symptomatic nOH



Presentation of nOH symptoms

- Complained of extreme dizziness, lightheadedness, and feeling like she was going to black out, upon standing



Initial treatment

- Volume expansion including increased salt and fluid intake
- Parkinson’s disease medications were adjusted

As a teacher, Gail often had to stand, which would bring on her nOH symptoms. Even after initial treatment, she continued experiencing these symptoms and chose to retire early.

“[Symptomatic] nOH never goes away, but with the NORTHERA...I don’t even think about it anymore, to be honest with you.”

ADVERSE REACTIONS

- The most common adverse reactions (>5% and ≥3% difference compared to placebo) were headache, dizziness, nausea, and hypertension.

DRUG INTERACTIONS

- Administering NORTHERA in combination with other agents that increase blood pressure (e.g., norepinephrine, ephedrine, midodrine, and triptans) would be expected to increase the risk for supine hypertension.
- Dopa-decarboxylase inhibitors may require dose adjustments for NORTHERA.
- The concomitant use of selective MAO-B inhibitors, such as rasagiline or selegiline, was permitted in the NORTHERA clinical trials. However, based on mechanism of action, the use of non-selective MAO inhibitors and linezolid should be avoided as there is a potential for increased blood pressure when taken with NORTHERA.

Please see Important Safety Information, including Boxed Warning for supine hypertension, on page 4. For more information, see the accompanying full Prescribing Information, or go to [NORTHERAhcp.com](http://NORTHERAhcp.com).

  
**Northera**<sup>®</sup>  
(droxidopa) capsules  
100mg•200mg•300mg

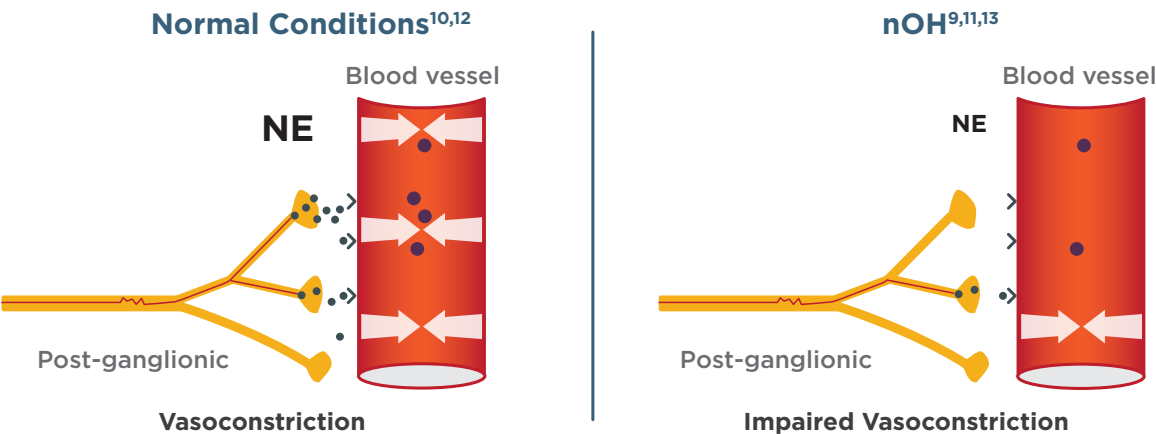
Differentiate symptomatic nOH from OH to identify appropriate patients for NORTHERA® (droxidopa)<sup>1,2,4</sup>

nOH is one of the various types of orthostatic hypotension (OH)<sup>4-6</sup>

Neurogenic <sup>4,5</sup>	Iatrogenic <sup>4,5</sup>	Non-neurogenic <sup>4,5</sup>
Parkinson's disease (PD) Multiple system atrophy (MSA) Pure autonomic failure (PAF) Non-diabetic autonomic neuropathy Dopamine beta-hydroxylase deficiency	Vasodilators Diuretics Antihypertensives Other medications	Hypovolemia Cardiac insufficiency Impaired venous return




Symptomatic nOH is due to inadequate release of norepinephrine (NE) upon standing or changing positions<sup>7,8</sup>

- Due to reduced NE release from postganglionic sympathetic nerves, the autonomic nervous system fails to adequately regulate blood pressure in response to postural changes<sup>7,9-11</sup>
- Inadequate release of NE may lead to impaired vasoconstriction and cerebral hypoperfusion<sup>7,11</sup>
- This may result in the classic symptoms of nOH upon standing: dizziness, lightheadedness, or the “feeling that you are about to black out”<sup>2,8,10</sup>



Graphic adapted from: Palma JA, Kaufmann H. *Mov Disord Clin Pract.* 2017;4(3):298-308.<sup>9</sup>

Symptom assessment and orthostatic measurements are key in evaluating symptomatic nOH<sup>2,6,8,11,14</sup>

-  • Talk to your patients about how symptomatic nOH may be affecting them. A collaborative discussion between provider and patient/caregiver is essential in the treatment of symptomatic nOH<sup>10,15</sup>
-  • Orthostatic measurements can play a role in the diagnosis of nOH. Measure your patient's BP and pulse rate after supine for 5 minutes and again in a standing position, after 1 minute, and after 3 minutes<sup>16,17</sup>
-  • Due to inadequate NE release, heart rate remains fairly constant in nOH patients upon standing<sup>7,10,11</sup>
  - If a patient experiences a sustained drop in BP upon standing, with an increase in heart rate less than 15 bpm within 3 minutes, a diagnosis of nOH may be considered<sup>6,10,11,14,16</sup>
  - However, an increase of more than 15 bpm within 3 minutes may suggest non-neurogenic orthostatic hypotension<sup>6,10,11,14,16</sup>

The goal of nOH treatment: reduce symptoms reported by patients<sup>2,6,7,18</sup>

CONTRAINDICATIONS

- NORTHERA is contraindicated in patients who have a history of hypersensitivity to the drug or its ingredients.

WARNINGS AND PRECAUTIONS

- **Supine Hypertension:** NORTHERA therapy may cause or exacerbate supine hypertension in patients with nOH, which may increase the risk of cardiovascular events if not well managed, particularly stroke.
- **Ischemic Heart Disease, Arrhythmias, and Congestive Heart Failure:** NORTHERA therapy may exacerbate existing ischemic heart disease, arrhythmias, and congestive heart failure. Careful consideration should be given to this potential risk prior to initiating therapy.

Please see Important Safety Information, including Boxed Warning for supine hypertension, on page 4. For more information, see the accompanying full Prescribing Information, or go to [NORTHERAhcp.com](http://NORTHERAhcp.com).

# Important Safety Information

## INDICATIONS AND USAGE

NORTHERA® (droxidopa) is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic neurogenic orthostatic hypotension (nOH) caused by primary autonomic failure (Parkinson’s disease [PD], multiple system atrophy, and pure autonomic failure), dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. Effectiveness beyond 2 weeks of treatment has not been established. The continued effectiveness of NORTHERA should be assessed periodically.

## IMPORTANT SAFETY INFORMATION

### WARNING: SUPINE HYPERTENSION

**Monitor supine blood pressure prior to and during treatment and more frequently when increasing doses. Elevating the head of the bed lessens the risk of supine hypertension, and blood pressure should be measured in this position. If supine hypertension cannot be managed by elevation of the head of the bed, reduce or discontinue NORTHERA.**

## CONTRAINDICATIONS

- NORTHERA is contraindicated in patients who have a history of hypersensitivity to the drug or its ingredients.

## WARNINGS AND PRECAUTIONS

- Supine Hypertension:** NORTHERA therapy may cause or exacerbate supine hypertension in patients with nOH, which may increase the risk of cardiovascular events if not well managed, particularly stroke.
- Hyperpyrexia and Confusion:** Cases of a symptom complex resembling neuroleptic malignant syndrome (NMS) have been reported with NORTHERA use during post-marketing surveillance. Observe patients carefully when the dosage of NORTHERA is changed or when concomitant levodopa is reduced abruptly or discontinued, especially if the patient is receiving neuroleptics. NMS is an uncommon but life-threatening syndrome characterized by fever or hyperthermia, muscle rigidity, involuntary movements, altered consciousness, and mental status changes. The early diagnosis of this condition is important for the appropriate management of these patients.
- Ischemic Heart Disease, Arrhythmias, and Congestive Heart Failure:** NORTHERA therapy may exacerbate existing ischemic heart disease, arrhythmias, and congestive heart failure. Careful consideration should be given to this potential risk prior to initiating therapy.
- Allergic Reactions:** Hypersensitivity reactions, including anaphylaxis, angioedema, bronchospasm, urticaria, and rash have been reported in post-marketing experience, with some resulting in emergency treatment. If a hypersensitivity reaction occurs, discontinue the drug and initiate appropriate therapy.

This product contains FD&C Yellow No. 5 (tartrazine), which may also cause allergic-type reactions (including bronchial asthma) in certain susceptible persons. Although the overall incidence of FD&C Yellow No. 5 (tartrazine) sensitivity in the general population is low, it is frequently seen in patients who also have aspirin hypersensitivity.

## ADVERSE REACTIONS

- The most common adverse reactions (>5% and ≥3% difference compared to placebo) were headache, dizziness, nausea, and hypertension.

## DRUG INTERACTIONS


- Administering NORTHERA in combination with other agents that increase blood pressure (e.g., norepinephrine, ephedrine, midodrine, and triptans) would be expected to increase the risk for supine hypertension.
- Dopa-decarboxylase inhibitors may require dose adjustments for NORTHERA.
- The concomitant use of selective MAO-B inhibitors, such as rasagiline or selegiline, was permitted in the NORTHERA clinical trials. However, based on mechanism of action, the use of non-selective MAO inhibitors and linezolid should be avoided as there is a potential for increased blood pressure when taken with NORTHERA.

## USE IN SPECIFIC POPULATIONS

- There are no available data on use of NORTHERA in pregnant women and risk of major birth defects or miscarriage. Because of the potential for serious adverse reactions, including reduced weight gain in breastfed infants, advise a woman not to breastfeed during treatment with NORTHERA.
- The safety and effectiveness of NORTHERA in pediatric patients have not been established. No overall differences in safety or effectiveness were observed between patients aged 75 years and older and younger patients in clinical trials, but greater sensitivity of some older individuals cannot be ruled out.
- Clinical experience with NORTHERA in patients with severe renal function impairment (GFR <30 mL/min) is limited; therefore, dosing recommendations cannot be provided for these patients.

**References:** **1.** NORTHERA [package insert]. Deerfield, IL: Lundbeck. **2.** Freeman R. Neurogenic orthostatic hypotension. *N Engl J Med.* 2008;358(6):615-624. **3.** Data on file. Deerfield, IL: Lundbeck. **4.** Goldstein DS, Sharabi Y. Neurogenic orthostatic hypotension: a pathophysiological approach. *Circulation.* 2009;119(1):139-146. **5.** Bradley JG, Davis KA. Orthostatic hypotension. *Am Fam Physician.* 2003;68(12):2393-2398. **6.** Gibbons CH, Schmidt P, Biaggioni I, et al. The recommendations of a consensus panel for the screening, diagnosis, and treatment of neurogenic orthostatic hypotension and associated supine hypertension. *J Neurol.* 2017;264(8):1567-1582. **7.** Freeman R, Wieling W, Axelrod FB, et al. Consensus statement on the definition of orthostatic hypotension, neurally mediated syncope and the postural tachycardia syndrome. *Clin Auton Res.* 2011;21(2):69-72. **8.** Kaufmann H, Malamut R, Norcliffe-Kaufmann L, et al. The Orthostatic Hypotension Questionnaire (OHQ): validation of a novel symptom assessment scale. *Clin Auton Res.* 2012;22(2):79-90. **9.** Palma JA, Kaufmann H. Epidemiology, diagnosis, and management of neurogenic orthostatic hypotension. *Mov Disord Clin Pract.* 2017;4(3):298-308. **10.** Isaacson SH, Skettini J. Neurogenic orthostatic hypotension in Parkinson’s disease: evaluation, management, and emerging role of droxidopa. *Vasc Health Risk Manag.* 2014;10:169-176. **11.** Kaufmann H, Norcliffe-Kaufmann L, Palma JA. Droxidopa in neurogenic orthostatic hypotension. *Expert Rev Cardiovasc Ther.* 2015;13(8):875-891. **12.** Charkoudian N, Rabbitts JA. Sympathetic neural mechanisms in human cardiovascular health and disease. *Mayo Clin Proc.* 2009;84(9):822-830. **13.** Jordan J, Shibao C, Biaggioni I. Multiple system atrophy: using clinical pharmacology to reveal pathophysiology. *Clin Auton Res.* 2015;25(1):53-59. **14.** Low PA. Neurogenic orthostatic hypotension: pathophysiology and diagnosis. *Am J Manag Care.* 2015;21(suppl 13):s248-s257. **15.** Schroeder C, Jordan J, Kaufmann H. Management of neurogenic orthostatic hypotension in patients with autonomic failure. *Drugs.* 2013;73(12):1267-1279. **16.** Shibao C, Lipsitz LA, Biaggioni I. Evaluation and treatment of orthostatic hypotension. *J Am Soc Hypertens.* 2013;7(4):317-324. **17.** Centers for Disease Control and Prevention. Measuring orthostatic blood pressure. <https://www.cdc.gov/steady/pdf/STEADI-Assessment-MeasuringBP-508.pdf>. Accessed January 25, 2019. **18.** Isaacson SH. Managed care approach to the treatment of neurogenic orthostatic hypotension. *Am J Manag Care.* 2015;21(suppl 13):s258-s268.

Please see the accompanying full Prescribing Information, including Boxed Warning for supine hypertension, or go to **NORTHERAhcp.com**.

  
**Northera**®  
(droxidopa) capsules  
100mg•200mg•300mg



# Distinctive. Effective. Focused.

NORTHERA® (droxidopa) is the only treatment *specifically studied* to reduce the classic symptoms of neurogenic orthostatic hypotension (nOH)<sup>1,2</sup>

NORTHERA is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic nOH caused by primary autonomic failure (Parkinson’s disease [PD], multiple system atrophy, and pure autonomic failure), dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. Effectiveness beyond 2 weeks of treatment has not been established. The continued effectiveness of NORTHERA should be assessed periodically.

#### WARNING: SUPINE HYPERTENSION

Monitor supine blood pressure prior to and during treatment and more frequently when increasing doses. Elevating the head of the bed lessens the risk of supine hypertension, and blood pressure should be measured in this position. If supine hypertension cannot be managed by elevation of the head of the bed, reduce or discontinue NORTHERA.


Please see Important Safety Information, including Boxed Warning for supine hypertension, on page 4. For more information, see the accompanying full Prescribing Information, or go to [NORTHERAhcp.com](http://NORTHERAhcp.com).

**Consider NORTHERA for your patients with symptomatic nOH.**

Learn more about identifying appropriate patients at [TreatSymptomaticNOH.com](http://TreatSymptomaticNOH.com).



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DRX-B-100361

  
**Northera**®  
(droxidopa) capsules  
100 mg • 200 mg • 300 mg



## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use NORTHERA® safely and effectively. See full prescribing information for NORTHERA.

NORTHERA® (droxidopa) capsules, for oral use

Initial U.S. Approval: 2014

### WARNING: SUPINE HYPERTENSION

See full prescribing information for complete boxed warning.

Monitor supine blood pressure prior to and during treatment and more frequently when increasing doses. Elevating the head of the bed lessens the risk of supine hypertension, and blood pressure should be measured in this position. If supine hypertension cannot be managed by elevation of the head of the bed, reduce or discontinue NORTHERA [see Warnings and Precautions (5.1)].

### INDICATIONS AND USAGE

NORTHERA is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic neurogenic orthostatic hypotension (nOH) caused by primary autonomic failure (Parkinson’s disease [PD], multiple system atrophy, and pure autonomic failure), dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. Effectiveness beyond 2 weeks of treatment has not been established. The continued effectiveness of NORTHERA should be assessed periodically (1).

### DOSAGE AND ADMINISTRATION

- Starting dose is 100 mg three times during the day (2.1)
- Titrate by 100 mg three times daily, up to a maximum dose of 600 mg three times daily (2.1)
- Take consistently with or without food (2.1)
- To reduce the potential for supine hypertension, elevate the head of the bed and give the last dose at least 3 hours prior to bedtime (2.1)
- Take NORTHERA capsule whole (2.1)

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#### 2 DOSAGE AND ADMINISTRATION

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#### 3 DOSAGE FORMS AND STRENGTHS

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## DOSAGE FORMS AND STRENGTHS

100 mg, 200 mg, and 300 mg capsules (3)

## CONTRAINDICATIONS

History of hypersensitivity to the drug or its ingredients (4)

## WARNINGS AND PRECAUTIONS

- NORTHERA may cause supine hypertension and may increase cardiovascular risk if supine hypertension is not well-managed (5.1)
- Hyperpyrexia and confusion (5.2)
- May exacerbate symptoms in patients with existing ischemic heart disease, arrhythmias, and congestive heart failure (5.3)
- Allergic reactions (5.4)

## ADVERSE REACTIONS

The most common adverse reactions (>5% and ≥3% compared to placebo) are headache, dizziness, nausea, and hypertension (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Lundbeck at 1-800-455-1141 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

## DRUG INTERACTIONS

Use of DOPA decarboxylase inhibitors may require dose adjustments for NORTHERA (7.2)

## USE IN SPECIFIC POPULATIONS

- Lactation: Breastfeeding not recommended (8.2)
- Patients with Renal Impairment: Dosing recommendations cannot be provided for patients with GFR less than 30 mL/min (8.6)

See 17 for PATIENT COUNSELING INFORMATION.

Revised: 07/2019

## FULL PRESCRIBING INFORMATION

### WARNING: SUPINE HYPERTENSION

Monitor supine blood pressure prior to and during treatment and more frequently when increasing doses. Elevating the head of the bed lessens the risk of supine hypertension, and blood pressure should be measured in this position. If supine hypertension cannot be managed by elevation of the head of the bed, reduce or discontinue NORTHERA [see Warnings and Precautions (5.1)].

#### 1 INDICATIONS AND USAGE

NORTHERA is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic neurogenic orthostatic hypotension (nOH) caused by primary autonomic failure (Parkinson’s disease [PD], multiple system atrophy, and pure autonomic failure), dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. Effectiveness beyond 2 weeks of treatment has not been established. The continued effectiveness of NORTHERA should be assessed periodically.

#### 2 DOSAGE AND ADMINISTRATION

##### 2.1 Dosing Information

The recommended starting dose of NORTHERA is 100 mg, taken orally three times daily: upon arising in the morning, at midday, and in the late afternoon at least 3 hours prior to bedtime (to reduce the potential for supine hypertension during sleep). Administer NORTHERA consistently, either with food or without food. Take NORTHERA capsule whole. Titrate to symptomatic response, in increments of 100 mg three times daily every 24 to 48 hours up to a maximum dose of 600 mg three times daily (i.e., a maximum total daily dose of 1,800 mg).

Monitor supine blood pressure prior to initiating NORTHERA and after increasing the dose.

Patients who miss a dose of NORTHERA should take their next scheduled dose.

#### 3 DOSAGE FORMS AND STRENGTHS

NORTHERA capsules are available in 100 mg, 200 mg, and 300 mg strengths as specified below.

- 100 mg: Hard gelatin capsules with “Nothera” on the white body and “100” on the light blue cap
- 200 mg: Hard gelatin capsules with “Nothera” on the white body and “200” on the light yellow cap
- 300 mg: Hard gelatin capsules with “Nothera” on the white body and “300” on the light green cap

#### 4 CONTRAINDICATIONS

NORTHERA is contraindicated in patients who have a history of hypersensitivity to the drug or its ingredients [see Warnings and Precautions (5.4)].

#### 5 WARNINGS AND PRECAUTIONS

##### 5.1 Supine Hypertension

NORTHERA therapy may cause or exacerbate supine hypertension in patients with nOH. Patients should be advised to elevate the head of the bed when resting or sleeping. Monitor blood pressure, both in the supine position and in the recommended head-elevated sleeping position. Reduce or discontinue NORTHERA if supine hypertension persists. If supine hypertension is not well-managed, NORTHERA may increase the risk of cardiovascular events, particularly stroke.

##### 5.2 Hyperpyrexia and Confusion

Postmarketing cases of a symptom complex resembling neuroleptic malignant syndrome (NMS) have been reported with NORTHERA use during postmarketing surveillance. Observe patients carefully when the dosage of NORTHERA is changed or when concomitant levodopa is reduced abruptly or discontinued, especially if the patient is receiving neuroleptics.

NMS is an uncommon but life-threatening syndrome characterized by fever or hyperthermia, muscle rigidity, involuntary movements, altered consciousness, and mental status changes. The early diagnosis of this condition is important for the appropriate management of these patients.



**5.3 Ischemic Heart Disease, Arrhythmias, and Congestive Heart Failure**  
NORTHERA may exacerbate existing ischemic heart disease, arrhythmias, and congestive heart failure. Careful consideration should be given to this potential risk prior to initiating therapy in patients with these conditions.

**5.4 Allergic Reactions**  
Hypersensitivity reactions including anaphylaxis, angioedema, bronchospasm, urticaria and rash have been reported in postmarketing experience. Some of these reactions resulted in emergency treatment. If a hypersensitivity reaction occurs, discontinue the drug and initiate appropriate therapy.

This product contains FD&C Yellow No. 5 (tartrazine) which may also cause allergic-type reactions (including bronchial asthma) in certain susceptible persons. Although the overall incidence of FD&C Yellow No. 5 (tartrazine) sensitivity in the general population is low, it is frequently seen in patients who also have aspirin hypersensitivity [see *Contraindications* (4)].

**6 ADVERSE REACTIONS**  
The following adverse reactions with NORTHERA are included in more detail in the Warnings and Precautions section of the label:

- Supine Hypertension [see *Warnings and Precautions* (5.1)]
- Hyperpyrexia and Confusion [see *Warnings and Precautions* (5.2)]
- May exacerbate existing ischemic heart disease, arrhythmias, and congestive heart failure [see *Warnings and Precautions* (5.3)]

**6.1 Clinical Trials Experience**  
Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

The safety evaluation of NORTHERA is based on two placebo-controlled studies 1 to 2 weeks in duration (Studies 301 and 302), one 8-week placebo-controlled study (Study 306), and two long-term, open-label extension studies (Studies 303 and 304). In the placebo-controlled studies, a total of 485 patients with Parkinson’s disease, multiple system atrophy, pure autonomic failure, dopamine beta-hydroxylase deficiency, or non-diabetic autonomic neuropathy were randomized and treated, 245 with NORTHERA and 240 with placebo [see *Clinical Studies* (14)].

**Placebo-Controlled Experience**  
The most commonly observed adverse reactions (those occurring at an incidence of greater than 5% in the NORTHERA group and with at least a 3% greater incidence in the NORTHERA group than in the placebo group) in NORTHERA-treated patients during the three placebo-controlled trials were headache, dizziness, nausea, and hypertension. The most common adverse reactions leading to discontinuation from NORTHERA were hypertension or increased blood pressure and nausea.

**Table 1. Most Common Adverse Reactions Occurring More Frequently in the NORTHERA Group**

	Study 301 and Study 302 (1 to 2 Weeks Randomized Treatment)		Study 306 (8 to 10 Weeks Randomized Treatment)	
	Placebo (N=132) n (%)	NORTHERA (N=131) n (%)	Placebo (N=108) n (%)	NORTHERA (N=114) n (%)
Headache	4 (3.0)	8 (6.1)	8 (7.4)	15 (13.2)
Dizziness	2 (1.5)	5 (3.8)	5 (4.6)	11 (9.6)
Nausea	2 (1.5)	2 (1.5)	5 (4.6)	10 (8.8)
Hypertension	0	2 (1.5)	1 (0.9)	8 (7.0)

Note: n=number of patients. Adverse reactions that were reported in greater than 5% of patients in the NORTHERA group and with at least a 3% greater incidence in the NORTHERA group than in the placebo group were from Study 306.

**Long-Term, Open-Label Trials with NORTHERA**  
In the long-term, open-label extension studies, a total of 422 patients, mean age 65 years, were treated with NORTHERA for a mean total exposure of approximately one year. The commonly reported adverse events were falls (24%), urinary tract infections (15%), headache (13%), syncope (13%), and dizziness (10%).

**6.2 Postmarketing Experience**  
The following adverse reactions have been identified during post-approval use of NORTHERA. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

*Cardiac Disorders:* Chest pain  
*Eye Disorders:* Blurred vision  
*Gastrointestinal Disorders:* Pancreatitis, abdominal pain, vomiting, diarrhea  
*General Disorders and Administration Site Conditions:* Fatigue  
*Nervous System Disorders:* Cerebrovascular accident  
*Psychiatric Disorders:* Psychosis, hallucination, delirium, agitation, memory disorder

**7 DRUG INTERACTIONS**  
**7.1 Drugs that Increase Blood Pressure**  
Administering NORTHERA in combination with other agents that increase blood pressure (e.g., norepinephrine, ephedrine, midodrine, and triptans) would be expected to increase the risk for supine hypertension.

**7.2 Parkinson’s Medications**  
Dopa-decarboxylase inhibitors may require dose adjustments for NORTHERA.

**7.3 Non-selective MAO Inhibitors**  
The concomitant use of selective MAO-B inhibitors, such as rasagiline or selegiline, was

permitted in the NORTHERA clinical trials. However, based on mechanism of action, the use of non-selective MAO inhibitors and linezolid should be avoided as there is a potential for increased blood pressure when taken with NORTHERA.

**8 USE IN SPECIFIC POPULATIONS**

**8.1 Pregnancy**  
*Risk Summary*  
There are no available data on use of NORTHERA in pregnant women and risk of major birth defects or miscarriage. NORTHERA did not produce significant reproductive toxicity in pregnant female rats or rabbits or in their fetuses. However, when pregnant female rats were dosed during days 7-17 of gestation (the period of fetal organogenesis) with doses of NORTHERA corresponding to 0.3, 1 and 3 times the maximum recommended daily dose of 1,800 mg in a 60 kg patient, based on body surface area, and when their male and female offspring (who were exposed only during fetal life) were subsequently bred, the female offspring exhibited a dose-dependent reduction in the number of live fetuses across all three doses and an increased number of embryonic/fetal deaths at the two higher doses (see *Data*).

The estimated background risk of major birth defects and miscarriage in the indicated population is unknown. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 to 4% and 15 to 20%, respectively.

*Data*  
*Animal Data*  
During a multigenerational reproductive toxicity study in rats, pregnant females were dosed during days 7-17 of gestation (the period of fetal organogenesis) with doses of NORTHERA corresponding to 0.3, 1 and 3 times the maximum recommended daily dose of 1,800 mg in a 60 kg patient. Reduced weight gain, renal lesions, and a small number of deaths were observed in females treated with the two higher doses. When their male and female offspring (who were exposed to NORTHERA only during fetal life) were subsequently bred, the female offspring exhibited a dose-dependent reduction in the number of live fetuses across all three doses and an increased number of embryonic/fetal deaths at the two higher doses.

**8.2 Lactation**  
*Risk Summary*  
There is no information regarding the presence of NORTHERA or its active metabolite(s) in human milk, the effects of NORTHERA on the breastfed child, nor the effects of NORTHERA on milk production/excretion. Droxidopa is present in rat milk with peak concentrations seen 4 hours after oral drug administration and drug excretion into milk still occurring 48 hours after administration (see *Data*). However, due to species-specific differences in lactation physiology, animal lactation data typically do not reliably predict levels in humans. Because of the potential for serious adverse reactions, including reduced weight gain in breastfed infants, advise a woman not to breastfeed during treatment with NORTHERA.

*Data*  
*Animal Data*  
In rats, oral administration of droxidopa resulted in excretion into breast milk with peak concentrations seen 4 hours after administration, and excretion still occurring 48 hours after administration. When the drug was administered to nursing dams during the period of lactation at a dose corresponding to 3 times the maximum recommended daily dose of 1,800 mg in a 60 kg patient when based on body surface area, reduced weight gain and reduced survival were observed in the offspring. Despite the observed decreased weight gain, physical development was normal (with respect to timing and organ morphology).

**8.4 Pediatric Use**  
The safety and effectiveness of NORTHERA in pediatric patients have not been established.

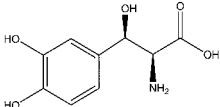
**8.5 Geriatric Use**  
A total of 197 patients with symptomatic nOH aged 75 years or above were included in the NORTHERA clinical program. No overall differences in safety or effectiveness were observed between these patients and younger patients, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

**8.6 Renal Impairment**  
NORTHERA and its metabolites are primarily cleared renally. Patients with mild or moderate renal impairment (GFR greater than 30 mL/min) were included in clinical trials and did not have a higher frequency of adverse reactions. Clinical experience with NORTHERA in patients with severe renal function impairment (GFR less than 30 mL/min) is limited.

**10 OVERDOSAGE**  
**10.1 Symptoms**  
There have been cases of overdose reported during postmarketing surveillance. A patient ingested 7,700 mg of droxidopa and experienced a hypertensive crisis that resolved promptly with treatment. Another patient treated with a total daily dose of 2,700 mg of NORTHERA experienced hypertension and an intracranial hemorrhage.

**10.2 Treatment**  
There is no known antidote for NORTHERA overdosage. In case of an overdose that may result in an excessively high blood pressure, discontinue NORTHERA and treat with appropriate symptomatic and supportive therapy. Counsel patients to remain in a standing or seated position until their blood pressure drops below an acceptable limit.

**11 DESCRIPTION**  
NORTHERA capsules contain droxidopa, which is a synthetic amino acid precursor of norepinephrine, for oral administration. Chemically, droxidopa is (–)-threo-3-(3,4-Dihydroxyphenyl)-L-serine. It has the following structural formula:



Droxidopa is an odorless, tasteless, white to off-white crystals or crystalline powder. It is slightly soluble in water, and practically insoluble in methanol, glacial acetic acid, ethanol, acetone, ether, and chloroform. It is soluble in dilute hydrochloric acid. It has a molecular weight of 213.19 and a molecular formula of  $C_9H_{11}NO_5$ .

NORTHERA capsules also contain the following inactive ingredients: mannitol, corn starch, and magnesium stearate. The capsule shell is printed with black ink. The black inks contain shellac glaze, ethanol, iron oxide black, isopropyl alcohol, n-butyl alcohol, propylene glycol, and ammonium hydroxide. The capsule shell contains the following inactive ingredients: 100 mg – gelatin, titanium dioxide, FD&C Blue No. 2, black and red iron oxide; 200 mg – gelatin, titanium dioxide, FD&C Blue No. 2, black and yellow iron oxide; 300 mg – gelatin, titanium dioxide, FD&C Blue No. 1, FD&C Yellow No. 5 (tartrazine), and FD&C Red No. 40. NORTHERA capsules differ in size and color by strength [see *Dosage Forms and Strengths* (3)].

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The exact mechanism of action of NORTHERA in the treatment of neurogenic orthostatic hypotension is unknown. NORTHERA is a synthetic amino acid analog that is directly metabolized to norepinephrine by dopa-decarboxylase, which is extensively distributed throughout the body. NORTHERA is believed to exert its pharmacological effects through norepinephrine and not through the parent molecule or other metabolites. Norepinephrine increases blood pressure by inducing peripheral arterial and venous vasoconstriction. NORTHERA in humans induces small and transient rises in plasma norepinephrine.

### 12.2 Pharmacodynamics

Peak droxidopa plasma concentrations are associated with increases in systolic and diastolic blood pressures. Droxidopa has no clinically significant effect on standing or supine heart rates in patients with autonomic failure.

#### *Cardiac Electrophysiology*

No prolongation of the QTc interval was observed with NORTHERA at single oral doses up to 2,000 mg, as shown in a dedicated thorough QT study.

### 12.3 Pharmacokinetics

#### *Absorption*

Peak plasma concentrations ( $C_{max}$ ) of droxidopa were reached by 1 to 4 hours post-dose (mean of approximately 2 hours) in healthy volunteers. High-fat meals have a moderate impact on droxidopa exposure with  $C_{max}$  and area under the plasma concentration-time curve (AUC) decreasing by 35% and 20%, respectively. The  $C_{max}$  was delayed by approximately 2 hours with a high-fat meal.

#### *Distribution*

Pre-clinical studies suggest that droxidopa can cross the blood-brain barrier. Droxidopa exhibits plasma protein binding of 75% at 100 ng/mL and 26% at 10,000 ng/mL. The estimated apparent volume of distribution of droxidopa is about 200 L in humans.

#### *Elimination*

The total clearance of droxidopa after oral administration (CL/F) was approximately 400 mL/hr following administration of a single 300 mg dose.

#### *Metabolism*

The metabolism of droxidopa is mediated by catecholamine pathway and not through the cytochrome P450 system. Droxidopa is initially converted to methoxylated dihydroxyphenylserine (3-OM-DOPS), a major metabolite, by catechol-O-methyltransferase (COMT), to norepinephrine by DOPA decarboxylase (DDC), or to protocatechualdehyde by DOPS aldolase. After oral dosing in humans, plasma norepinephrine levels peak within 3 to 4 hours but are generally very low (less than 1 ng/mL) and variable with no consistent relationship with dose. The contribution of the metabolites of droxidopa other than norepinephrine to its pharmacological effects is not well understood.

#### *Excretion*

The mean elimination half-life of droxidopa is approximately 2.5 hours in humans. The major route of elimination of droxidopa and its metabolites is via the kidneys in both animals and in humans. Studies in animals with radiolabeled drug showed that ~75% of the administered radioactivity was excreted in urine within 24 hours of oral dosing.

#### *Specific Populations*

There are no clinically relevant effects of age, body mass index, or sex on the pharmacokinetics of droxidopa. A population pharmacokinetic analysis suggests that hepatic function, assessed by aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase, and total bilirubin, did not influence the exposure to droxidopa. The controlled clinical trials included patients with mild to moderate renal impairment. No dose adjustments are required in patients with mild to moderate renal impairment.

#### *Drug Interaction Studies*

No dedicated drug-drug interaction studies were performed for droxidopa. Patients in the Phase 3 trials with NORTHERA received concomitant levodopa/carbidopa, dopamine agonists, MAO-B inhibitors, COMT inhibitors and other medications used to treat Parkinson's disease. Carbidopa, a peripheral dopa-decarboxylase inhibitor, could prevent the conversion of NORTHERA to norepinephrine outside of the central nervous system (CNS). Patients taking NORTHERA with L-DOPA/dopa-decarboxylase inhibitor combination drugs had decreased clearance of NORTHERA, an increase in overall exposure (AUC) to droxidopa of approximately 100%, and an increase in overall exposure to 3-OM-DOPS of approximately 50%. However, in clinical trials, it was found that the decreased clearance was not associated with a significant need for a different treatment dose or increases in associated adverse events. Dopamine agonists, amantadine derivatives, and MAO-B inhibitors do not appear to affect NORTHERA clearance, and no dose adjustments are required.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Long-term studies have been conducted at dosages up to 1,000 mg/kg/day in mice and up to 100 mg/kg/day in rats with no indication of carcinogenic effects. Based on dose per unit body surface area, these two doses correspond to approximately 3 and 0.5 times,

respectively, the maximum recommended total daily dose of 1,800 mg in a 60 kg patient. Droxidopa was clastogenic in Chinese hamster ovary cells (chromosome aberration assay), but was not mutagenic in bacteria (Ames assay), and was not clastogenic in a mouse micronucleus assay.

Studies in rats show that droxidopa has no effect on fertility.

### 13.2 Animal Toxicology and/or Pharmacology

In long-term chronic toxicity studies, rats and mice treated for 52 and 80 weeks, respectively, at doses up to 300 mg/kg/day in rats and 1,000 mg/kg/day in mice had increased incidences of renal and cardiac lesions (rats and mice) and deaths (rats only). The doses at which these effects were not seen represented 0.2 and 0.3 times, in rats and mice, respectively, the maximum recommended total daily dose of 1,800 mg in a 60 kg patient, when based on body surface area.

No signs of toxicity were observed in monkeys or dogs given droxidopa for 13 weeks at doses 32 times (3,000 mg/kg/day) and 37 times (2,000 mg/kg/day), respectively, the maximum human dose.

## 14 CLINICAL STUDIES

### 14.1 Studies in Neurogenic Orthostatic Hypotension

Clinical studies (described below) examined the efficacy of NORTHERA in the short-term (1 to 2 weeks) and over longer-term periods (8 weeks; 3 months). Studies 301 and 306B showed a treatment effect of NORTHERA at Week 1, but none of the studies demonstrated continued efficacy beyond 2 weeks of treatment.

Study 306B was a multi-center, double-blind, randomized, placebo-controlled, parallel-group study in patients with symptomatic nOH and Parkinson's disease. Patients entering the study were required to have a decrease of at least 20 mm Hg or 10 mm Hg, respectively, in systolic or diastolic blood pressure, within 3 minutes after standing, as well as symptoms associated with neurogenic orthostatic hypotension. The study had an initial dose titration period that lasted up to 2 weeks in which patients received placebo or 100 to 600 mg of NORTHERA three times daily, followed by an 8-week treatment period.

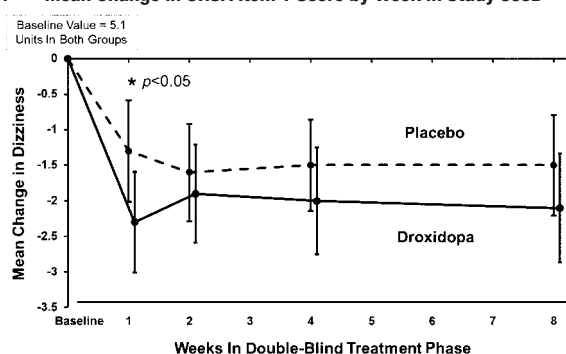
Efficacy was measured using the OHSA Item #1 score ("dizziness, lightheadedness, feeling faint, and feeling like you might black out") at Week 1, in patients who had completed titration and 1 week of maintenance therapy.

A total of 171 patients were enrolled, and 147 patients were included in the efficacy analysis. The mean age was 72 years, and patients were mostly Caucasian. During the study, 94% of placebo-treated patients and 88% on NORTHERA were taking dopa-decarboxylase inhibitors; 17% of placebo-treated patients and 26% on NORTHERA were taking fludrocortisone. There were more premature discontinuations in the NORTHERA group (28%) than in the placebo group (20%).

In both groups, the mean baseline dizziness score was 5.1 on an 11-point scale. At Week 1, patients showed a statistically significant mean 0.9 unit decrease in dizziness with NORTHERA versus placebo ( $P=0.028$ ), but the effect did not persist beyond Week 1. The data at all time points are shown in Figure 1.

Patients receiving NORTHERA also had a greater increase, compared to placebo, in the Week 1 lowest standing systolic blood pressure within 3 minutes after standing (5.6 mm Hg;  $P=0.032$ ).

**Figure 1. Mean Change in OHSA Item 1 Score by Week in Study 306B**

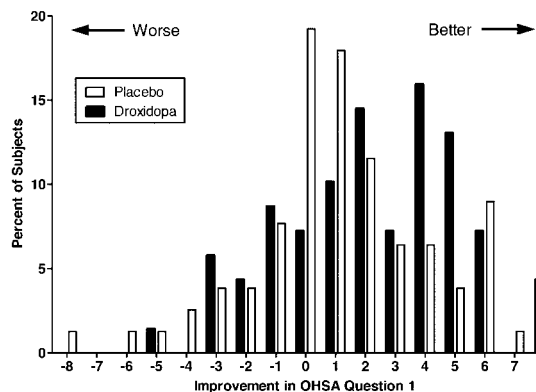


Note: The graph is based on observed data only. The error bars are the 95% confidence interval of the mean change from baseline in OHSA Item 1 scores.



**Figure 2. Distribution of Patients by Change in OHSA Item 1, Baseline to Week 1, in Study 306B**

Figure 2 shows the distribution of changes from Baseline to Week 1 in the OHSA Item #1 score. Overall, the figure shows that patients treated with NORTHERA improved more than those treated with placebo.



Study 301 was a multicenter, multinational, double-blind, randomized, placebo-controlled, parallel-group study in patients with symptomatic neurogenic orthostatic hypotension. The study included an initial open-label dose titration period, a 7-day washout period, and a randomized double-blind 7-day treatment period. To be eligible for enrollment, patients were required to have a decrease in systolic or diastolic blood pressure of at least 20 or 10 mm Hg, respectively, within 3 minutes after standing. The study was enriched, such that only patients who had been identified as “responders” during the titration period were randomized to NORTHERA or placebo. To be considered a responder, a patient had to demonstrate improvement on the OHSA Item #1 score by at least 1 point, as well as an increase in systolic blood pressure of at least 10 mm Hg post-standing, during the open-label dose titration period. Patients who dropped out during the titration period because of side effects or other reasons were also not included in the double-blind portion of the study.

Patients had a primary diagnosis of Parkinson’s disease (n=60), pure autonomic failure (n=36), or multiple system atrophy (n=26). The mean age was 60 years, and most were Caucasian. 45% of patients were taking dopa-decarboxylase inhibitors, and 29% were taking fludrocortisone.

Efficacy was measured using the Orthostatic Hypotension Questionnaire (OHQ), a patient-reported outcome that measures symptoms of nOH and their impact on the patient’s ability to perform daily activities that require standing and walking. The OHQ includes OHSA Item #1 as one of several components. A statistically significant treatment effect was not demonstrated on OHQ (treatment effect of 0.4 unit,  $P=0.19$ ).

The mean baseline dizziness score on OHSA Item #1 (“dizziness, lightheadedness, feeling faint, and feeling like you might black out”) was 5.2 units on an 11-point scale. At Week 1 of treatment, patients showed a mean 0.7 unit decrease in dizziness with NORTHERA versus placebo ( $P=0.06$ ).

Study 302 (n=101) was a placebo-controlled, 2-week randomized withdrawal study of NORTHERA in patients with symptomatic nOH. Study 303 (n=75) was an extension of Studies 301 and 302, where patients received their titrated dose of NORTHERA for 3 months and then entered a 2-week randomized withdrawal phase. Neither study showed a statistically significant difference between treatment arms on its primary endpoint. Considering these data, the effectiveness of NORTHERA beyond 2 weeks is uncertain, and patients should be evaluated periodically to determine whether NORTHERA is continuing to provide a benefit.

## 16 HOW SUPPLIED/STORAGE AND HANDLING

### 16.1 How Supplied

NORTHERA capsules are supplied in the following dosage strengths:

100 mg: Hard gelatin, size 3 capsule, with an opaque light blue cap and an opaque white body, printed with “NORTHERA” on body and “100” on cap, filled with a white to light brown powder.

200 mg: Hard gelatin, size 2 capsule, with an opaque light yellow cap and an opaque white body, printed with “NORTHERA” on body and “200” on cap, filled with a white to light brown powder.

300 mg: Hard gelatin, size 1 capsule, with an opaque light green cap and an opaque white body, printed with “NORTHERA” on body and “300” on cap, filled with a white to light brown powder.

100 mg 90-count bottle (NDC code# 67386-820-19)

200 mg 90-count bottle (NDC code# 67386-821-19)

300 mg 90-count bottle (NDC code# 67386-822-19)

### 16.2 Storage and Handling

NORTHERA capsules should be stored at 20°C to 25°C (68°F to 77°F); excursions permitted to 15°C to 30°C (59°F to 86°F) [see USP Controlled Room Temperature].

## 17 PATIENT COUNSELING INFORMATION

### Elevations in Blood Pressure

Counsel patients that NORTHERA causes elevations in blood pressure and increases the risk of supine hypertension, which could lead to strokes, heart attacks, and death. Instruct patients to rest and sleep in an upper-body elevated position and monitor blood pressure. Instruct patients how to manage observed blood pressure elevations. To reduce the risk of supine hypertension, in addition to raising the upper body, the late afternoon dose of NORTHERA should be taken at least three hours before bedtime [see Warnings and Precautions (5.1)].

### Concomitant Treatments

Counsel patients about the concomitant use of drugs to treat other conditions that may have an additive effect with NORTHERA [see Drug Interactions (7)].

### Allergic Reactions

Counsel patients to discontinue NORTHERA and seek immediate medical attention if any signs or symptoms of a hypersensitivity reaction such as anaphylaxis, angioedema, bronchospasm, urticaria or rash occur [see Warnings and Precautions (5.4)].

### Lactation

Advise women not to breastfeed during treatment with NORTHERA [see Use in Specific Populations (8.2)].

### Food

Patients should take NORTHERA the same way each time, either with food or without food [see Dosage and Administration (2.1)].

### Missed Dose

If a dose is missed, patients should take the next dose at the regularly scheduled time and should not double the dose.

Manufactured by:

Patheon, Whitby, ON L1N 5Z5, Canada

For:

Lundbeck, Deerfield, IL 60015, U.S.A.



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