Military Veterans and Mental Health

According to the Substance Abuse and Mental Health Services Administration, nearly 40% of Veterans aged 18-25 and >25% of all Veterans 18+ had either a substance use disorder or a mental illness in 2021.1

Reaching Veterans with care can be challenging – studies have indicated that as many as 60% of military personnel who suffer from mental health problems do not seek help, and one of the most frequently reported barriers is concerns about stigma.2

Because of their unique experiences and exposure to traumatic situations, Veterans suffer from a disproportionate burden of mental health disorders and have a significant need for mental health care.

PTSD and Depression

PTSD is three times more likely among Veterans who deployed to combat environments compared to those who did not.3 Research indicates that ~14-16% of U.S. service members who have been deployed to Afghanistan and Iraq have been affected by post-traumatic stress disorder (PTSD) and depression, and an estimated 25% are expected to experience PTSD at some point in their life.4,5

Most TBIs (nearly 400,000) were considered mild, such as a concussion. However, studies suggest that Veterans who have sustained a mild TBI are still more likely to experience co-occurring health conditions, such as post-traumatic stress disorder (PTSD) and depression, most likely due to the wartime experiences that cause the TBIs.6 And, according to the National Headache Foundation, these types of brain injuries can lead to post-traumatic headaches disorder, where headache and migraines can show up weeks or months after an injury and the debilitating symptoms can last for years.7

Suicide

According to the Department of Veterans Affairs (VA), U.S. Veterans comprised 16% of adult suicide deaths in the U.S. in 2020, while only comprising 8% of the adult population.8

In 2020, suicide was the 13th leading cause of death among Veterans and the second leading cause of death among U.S. Veterans under the age of 45.5

Stop Soldier Suicide uses a one-of-a-kind suicide intervention model, innovative use of data insights, and a technology-first approach to reduce military and veteran suicide rates and save lives, regardless of period served or discharge status.

The Lundbeck US Charitable Fund is a global pharmaceutical company specialized in brain diseases, the Lundbeck US Charitable Fund is an independently managed nonprofit 501(c)(3) committed to responsibly and appropriately supporting organizations and programs that share Lundbeck’s dedication to restoring brain health. For more than 70 years, Lundbeck has been at the forefront of neuroscience research, tirelessly sharing our dedication to restoring brain health. Supporting US Veterans and the Military Community

Lundbeck US Charitable Fund Impact

Funded with support from the US affiliate of H. Lundbeck A/S, a global pharmaceutical company specialized in brain diseases, the Lundbeck US Charitable Fund is an independently managed nonprofit 501(c)(3) committed to responsibly and appropriately supporting organizations and programs that share our dedication to restoring brain health. For more than 70 years, Lundbeck has been at the forefront of neuroscience research, tirelessly dedicated to restoring brain health so every person can be their best.

The Lundbeck US Charitable Fund is Committed to Supporting US Veterans and the Military Community

The Lundbeck US Charitable Fund is an independently managed nonprofit 501(c)(3) committed to responsibly and appropriately supporting organizations and programs that share Lundbeck’s dedication to restoring brain health.

One of its areas of focus is the veteran and military community – a population that suffers from a disproportionate burden of mental health disorders. The Fund is making significant commitments to amplify and expand the reach of incredible organizations that are supporting the mental health of our veterans throughout the US.